

Newsfeed No. 20

May 2020



THANK YOU!

We want to thank all of you, the incredible frontline staff who continue to provide safe, quality health care and essential services to our community.

Thank you — from everyone at the Randwick Campus Redevelopment and the local community — for the sacrifices you make every day and especially during this pandemic. Your dedication, commitment and courage deserve our deepest gratitude and admiration.



What a debt we owe all the health professionals and auxiliary staff working on the front line of this pandemic! We will never forget you. And our children and grandchildren will tell their children and grandchildren about you and your selfless dedication and bravery.

Thank you. Thank you. Thank you.

Joy Wilson, Randwick Campus Redevelopment Consumer and Community Advisory Committee Member To all the people that we see and very importantly to all the people that often we don't see, to those individuals that work quietly, with painstaking skill, commitment and dedication to helping us and each other fulfil the enormous task of providing a safe and healthy environment for our citizens and community.

Each one of us is part of the whole, so it is important that you should never feel that your contribution doesn't matter. Quite the contrary. The smallest technical skill or the important kind gesture or attitude which you extend to one person and each other is a reflection of you and promotes the total positive result which is our objective.

To say thank you only expresses a very small depth of gratitude that I feel towards the "silent" achievers, so please be rest assured that your care and contribution is never taken for granted.

We continually appreciate each and every one of you and recognise your individual gifts and talents. THANK YOU

Gail Parsonage, Randwick Campus Redevelopment Consumer and Community Advisory Committee Member



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For more information:

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Construction update

Construction activities for the Acute Services Building are continuing. These include:

- earthworks
- basement concrete pours
- Construction of the main elevators

Other activities include the High Street footpath closed for restoration. This will consist of night work and traffic changes on High Street between Botany Street and Hospital Road.

Works on Hospital Road will continue resulting in no through access for any vehicles, pedestrians and bicycles. Emergency access will be strictly maintained at all times.

We are working closely with Transport for NSW, CBD and South East Light Rail, UNSW Sydney and Randwick City Council to coordinate construction in the Randwick Precinct and minimise the impact on the community.

Activities may be rescheduled due to unforeseen circumstances or inclement weather.



Keeping our redevelopments going during the COVID-19 pandemic

There is no doubt that COVID-19 is putting significant pressure on our hospitals and our teams in both a professional and personal sense. We understand that most of your workloads are being impacted by COVID-19 and the ability to create space for effective planning for the new hospital buildings can be difficult to prioritise.

We are continuing works on the Randwick Campus Redevelopment to ensure we can meet projected demand and deliver essential health services in the long-term. The new Acute Services Building is needed at Randwick and any delay to the time in which we can bring this building online would have a real impact on clinical teams, patients and their families in the long term. The significant planning that has occurred across the health system in response to COVID-19 has only highlighted the need for additional hospital capacity in both the short and longer term.

The Federal and State governments have expressed a strong commitment to taking all possible measures to preserve the strength of the Australian economy. This commitment includes continued investment in major infrastructure projects like the Prince of Wales Hospital Integrated Acute Services Building, which will positively contribute to the economy and ensure a significant number of people retain employment.

Keeping this project running is essential to support the NSW economy, construction industry and the thousands of people employed across our sites during this challenging time.

For more information:

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A time of significance for the local Aboriginal community and project partners

The 29 April 2020 marked the 250th Anniversary of the arrival of Captain James Cook and the HMS Endeavour at Kamay (Botany Bay). This is a time of great significance for Aboriginal communities, in particular for the La Perouse Aboriginal community and the people of eastern Sydney. It is within these lands that the Randwick Campus Redevelopment project is situated. For many years the local community has been advocating for an opportunity to tell their story, their way and provide audiences with authentic and accurate information about Australia's history. This anniversary marks an opportunity to share these stories and for us all to invest in our cultural and historical knowledge.



La Perouse Youth Haven participating in a stone carving workshop at the Prince of Wales Superintendents Cottage in 2019



Gamay Dancers performing the story of the arrival of the HMS Endeavour at the Randwick Campus Redevelopment during 2019 NAIDOC Week

The Randwick Campus Redevelopment have partnered with the local community to deliver cultural learning, training, employment and procurement opportunities. Our team has significantly invested in delivering a prominent recognition of Aboriginal cultural heritage across the precinct and we are doing this through consumer and community engagement to inform design and the Acute Services Building's art and culture strategy. Lendlease Building is also working with the community to redevelop the Gujaga Childcare Centre as part of its commitment to First Nations engagement and participation.

The La Perouse Community's Gujaga Foundation has the following messages to mark the Anniversary.

Message from Gujaga Foundation - <u>https://</u> www.gujaga.org.au/messages

1800 571 866

For more information:

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Green Travel Profiles: Amanda, Social Worker

I cycle from Newtown to Prince of Wales Hospital at Randwick. The journey takes me approx. 35 - 40 minutes each way.

I cycle to work a few times a week. It's the absolute best way to start and end a shift! So much easier and less stressful than looking for parking, sitting in traffic or navigating public transport.

When I first started commuting to Randwick there was a part of the route that didn't feel as safe. One day a friend told me that a new cycle path had opened near the race course. I discovered there are now fantastic separated cycle paths for most of my commute.

One of the new paths takes me right by Centennial Park and over a big pond where I always see bird and plant life. I've also made a new friend through riding. A colleague who lives near me wanted to cycle but didn't feel confident, so we rode together a few times. We became friends and now often cycle together to and from work. Sometimes we stop at a café on the cycle route for a morning coffee before work.

Cycling has so many benefits for physical and mental health, and the new separated bike paths alongside the light rail make it really safe and easy!



Get healthy at work

Good health and job satisfaction are very important for most people. When you are healthy you feel better, have more energy, and are more likely to be satisfied with your job.

Walking, cycling and the physical activity associated with using public transport are keys to help unlock the many benefits that physical activity confers to individuals and the organisation.

There are many benefits for your workplace:

- Departments that promote health and wellbeing are more likely to retain staff within 12 months
- Healthy workers have increased morale and engagement at work
- Healthy workers are fitter, more aware and alert, more resilient against illness, and less likely to suffer manual handling injuries and strains.

Visit gethealthyatwork.com.au

for more information.

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